

Time Off For Good Behavior Academic PDF

Time off for good behavior is a concept that has been utilized in various settings, from schools to prisons, and even in the workplace. At its core, it hinges on the idea that positive actions, adherence to rules, and exemplary conduct should be recognized and rewarded with privileges or privileges that might otherwise be restricted. This approach aims to motivate individuals to maintain good behavior by offering tangible benefits, fostering a culture of responsibility, and encouraging self-discipline. Over the years, the practice has evolved, encompassing different methods, policies, and philosophies designed to promote better conduct while balancing the importance of accountability and fairness.

In this comprehensive article, we will explore the origins and principles of time off for good behavior, examine its application across different domains, discuss the benefits and criticisms associated with it, and provide guidance on how to implement such policies effectively.

Understanding the Concept of Time Off for Good Behavior

Historical Origins and Evolution

The idea of rewarding good behavior with privileges dates back centuries, with roots in both penal systems and educational philosophies. Historically, prisons have used parole or early release programs as a form of time off for good behavior, aiming to incentivize inmates to adhere to rules and participate in rehabilitation programs. Similarly, in educational settings, students demonstrating exemplary conduct or academic achievement might earn privileges such as extra recess, special outings, or reduced detention.

Over time, the concept expanded beyond punitive systems, emphasizing positive reinforcement rather than punishment alone. Psychologists like B.F. Skinner championed operant conditioning, highlighting that reinforcement of desired behaviors can lead to more consistent conduct. This shift encouraged institutions and organizations to adopt policies that reward good behavior with tangible incentives, such as time off.

Core Principles of Time Off for Good Behavior

The fundamental principles include:

- **Positive Reinforcement:** Recognizing and rewarding desirable behavior to encourage its recurrence.

- **Fairness and Transparency:** Clear criteria and consistent application ensure fairness and build trust.
- **Responsibility and Accountability:** Encouraging individuals to take responsibility for their actions.
- **Motivation:** Using rewards as motivation to maintain or improve behavior.

Applications of Time Off for Good Behavior

In the Education Sector

In schools, educators often use time off for good behavior as part of classroom management strategies. Rewards might include:

- Extended recess periods
- Participation in special activities or field trips
- Privileges like choosing a classroom job or seating arrangement
- Recognition certificates or awards

These incentives aim to foster a positive classroom environment, motivate students to adhere to rules, and develop self-discipline. Some schools implement token economies, where students earn points or tokens for good behavior that can be exchanged for privileges.

In the Criminal Justice System

One of the most well-known applications is in correctional facilities, where inmates can earn early release, reduced sentences, or parole eligibility through good conduct. The system relies on:

- Behavioral assessments
- Participation in rehabilitation programs
- Adherence to facility rules

This approach seeks to incentivize rehabilitation and reduce recidivism by rewarding positive change.

In the Workplace

Employers may offer time off or other perks for employees who demonstrate exemplary performance or adherence to company policies. Examples include:

- Extra paid days off
- Flexible work hours
- Recognition programs or bonuses

Such policies aim to boost morale, enhance productivity, and promote a positive organizational culture.

Benefits of Implementing Time Off for Good Behavior

Encourages Positive Behavior

Reward systems create a direct link between good conduct and tangible benefits, motivating individuals to maintain high standards. When people know their efforts will be recognized and rewarded, they are more likely to stay committed.

Fosters a Positive Environment

Recognizing good behavior promotes a supportive atmosphere, whether in classrooms, correctional facilities, or workplaces. It shifts focus from punishment to motivation, leading to improved relationships and morale.

Supports Rehabilitation and Personal Development

In correctional settings, time off for good behavior can serve as a catalyst for personal growth, helping inmates develop skills, responsibility, and a sense of hope.

Reduces Incidents of Misconduct

By rewarding positive actions, organizations can decrease negative behaviors, create a more orderly environment, and reduce disciplinary issues.

Challenges and Criticisms of Time Off for Good Behavior

Potential for Unfair or Inconsistent Application

If criteria are unclear or applied unevenly, perceptions of favoritism may arise, undermining the system's credibility.

Rewarding Behavior That Should Be Expected

Critics argue that some behaviors, like following rules, are basic responsibilities, and rewarding them

might diminish intrinsic motivation or set a low standard.

Short-Term Focus

Rewards may encourage only immediate compliance rather than fostering genuine long-term behavioral change.

Risk of Manipulation

Individuals might find ways to game the system, earning rewards without truly changing their behavior.

Best Practices for Effective Implementation

Establish Clear, Fair Criteria

Define specific behaviors that qualify for time off, ensuring consistency and transparency.

Maintain Transparency and Communication

Regularly inform participants about what is expected and how rewards are earned.

Combine Rewards with Other Strategies

Use positive reinforcement alongside education, counseling, or other behavior management techniques.

Monitor and Evaluate Outcomes

Track the effectiveness of the policy, seek feedback, and adjust criteria or procedures as needed.

Ensure Inclusivity and Equity

Make sure all individuals have equal opportunities to earn time off based on fair criteria.

Conclusion

Time off for good behavior remains a valuable tool across various domains, fostering motivation, responsibility, and positive environments. When thoughtfully implemented, it can serve as a catalyst for behavioral improvement and cultural change. However, it requires careful planning, fairness, and ongoing evaluation to avoid unintended consequences and ensure it truly benefits those it aims to

serve. Whether in schools, correctional facilities, or workplaces, harnessing the power of positive reinforcement through time off can contribute significantly to personal development, organizational harmony, and societal progress.

Time Off for Good Behavior: An In-Depth Review of a Controversial Incentive System

Introduction

In the realm of disciplinary strategies and behavioral management, time off for good behavior (TOGB) has emerged as a noteworthy approach, especially in juvenile detention facilities, schools, and even some workplace settings. This incentive-based system rewards individuals for demonstrating positive conduct by granting them privileges such as reduced detention time, early release, or increased leisure periods. While the concept seems straightforward and intuitively appealing, its implementation, effectiveness, and ethical considerations warrant a comprehensive examination. In this article, we will explore the origins, mechanics, advantages, criticisms, and best practices associated with TOGB, providing a nuanced perspective akin to a detailed product review or expert analysis.

Origins and Theoretical Foundations

Historical Context

The idea of rewarding good behavior is rooted in behavioral psychology, particularly in operant conditioning pioneered by B.F. Skinner. Skinner's experiments demonstrated that behaviors could be reinforced through positive stimuli, leading to increased likelihood of recurrence. Applying these principles, systems like TOGB sought to motivate individuals to adhere to rules and exhibit desirable conduct by offering tangible rewards.

Historically, the concept gained prominence in juvenile justice systems during the late 20th century, as authorities and advocates aimed to promote rehabilitation over punishment. The premise was that providing incentives could foster internal motivation and reduce recidivism, rather than relying solely on punitive measures.

Theoretical Underpinnings

At its core, TOGB operates on the principles of positive reinforcement. By offering a reward immediately following a period of good behavior, the system aims to strengthen the association between conduct and positive outcomes. This method aligns with theories of motivational psychology, emphasizing intrinsic motivation development over extrinsic control.

Furthermore, the system often incorporates concepts from behavior modification programs such as

token economies, where individuals earn tokens or points that can be exchanged for privileges or tangible rewards. This modular approach allows for measurable progress and clear expectations, which are crucial for success.

Mechanics of Time Off for Good Behavior

How the System Works

The implementation of TOGB varies across institutions, but the core concept remains consistent: individuals earn time off or privileges based on their behavior. Here's an overview of typical mechanics:

- **Baseline Behavior Expectations:** Clear rules and expectations are established. Participants are informed about what constitutes good behavior and the corresponding rewards.
- **Monitoring and Documentation:** Staff or supervisors observe conduct and document behavior regularly.
- **Earning Time Off:** When individuals demonstrate positive behavior—such as following rules, showing respect, completing tasks—they accumulate points or qualify for time off.
- **Redeeming Rewards:** Accumulated points can be exchanged for privileges, such as early release, extra recreation time, or other benefits.
- **Review and Adjustment:** The system often includes periodic evaluations, allowing adjustments to criteria or rewards to maintain effectiveness.

Types of Rewards

While the focus is on time off, the system can include various forms of rewards, such as:

- Early release or reduced detention periods
- Extended recreational or leisure time
- Privileges like phone calls or visits
- Additional responsibilities or leadership roles
- Certificates or public recognition

The most common and tangible reward, however, remains time off, which directly impacts the duration of detention or incarceration.

Advantages of Time Off for Good Behavior

- Promotes Positive Behavior

By providing immediate and tangible reinforcement, TOGB encourages individuals to adhere to rules and demonstrate prosocial conduct. The prospect of earning time off can motivate participants to modify their actions.

- Supports Rehabilitation and Personal Growth

When effectively implemented, TOGB fosters self-discipline, responsibility, and accountability. Participants learn that their actions directly affect their circumstances, promoting internal motivation rather than reliance on external punishment.

- Reduces Recidivism and Overcrowding

In juvenile detention settings, reducing detention time through good behavior incentives can alleviate overcrowding and promote community reintegration. Shorter detention periods may facilitate smoother transitions back into society.

- Cost-Effective Approach

Compared to extended detention or intensive supervision, granting time off for good behavior can be a more economical way to manage populations while still maintaining order and discipline.

- Encourages Staff-Participant Engagement

The system fosters positive interactions between staff and individuals, emphasizing mentorship and guidance rather than solely punitive measures.

Criticisms and Challenges

Despite its advantages, TOGB is not without controversy. Several criticisms and potential pitfalls need consideration.

- Ethical Concerns

Some argue that rewarding good behavior with time off may inadvertently encourage manipulative

tactics or superficial compliance. Moreover, there's concern that such systems might prioritize behavior modification over addressing underlying issues.

- Inequality and Fairness

If not carefully managed, TOGB can lead to perceptions of favoritism or unequal treatment. Participants may feel unjustly rewarded or penalized, undermining morale and trust.

- Risk of Manipulation

Participants may attempt to fake or exaggerate good behavior to earn rewards, especially if oversight is lax.

- Short-Term Focus

Critics suggest that TOGB emphasizes immediate compliance rather than fostering intrinsic motivation or addressing root causes of problematic behavior.

- Limited Effectiveness in Certain Populations

Research indicates that some individuals, especially those with certain behavioral or mental health issues, may not respond well to external rewards, rendering TOGB less effective.

Best Practices for Implementation

To maximize the benefits and mitigate drawbacks, effective implementation of TOGB requires adherence to several best practices.

a. Clear and Consistent Rules

Participants must understand what behaviors are expected and how rewards are earned. Transparency reduces confusion and perceived unfairness.

b. Individualized Approaches

Recognize that different individuals respond differently. Tailor rewards and expectations accordingly to ensure fairness and efficacy.

c. Holistic Support

Combine TOGB with other rehabilitative strategies, such as counseling, education, and skill-building, to address underlying issues.

d. Regular Monitoring and Feedback

Provide participants with ongoing feedback, reinforcing positive behaviors and guiding improvements.

e. Ethical Oversight

Ensure that the system respects participants' dignity and rights, avoiding coercion or undue pressure.

f. Gradual Fading of Rewards

As behaviors become habitual, gradually reduce extrinsic incentives to promote internal motivation and independence.

Case Studies and Real-World Applications

Juvenile Detention Centers

Many juvenile facilities have integrated TOGB into their behavioral management programs. For example, the California Youth Authority employs a point system where good behavior reduces detention time. Reports highlight reductions in recidivism and improved behavior among participants.

Schools

Some schools implement positive behavior interventions and supports (PBIS), where students earn privileges like extra recess or classroom privileges for demonstrating good conduct. While not always linked directly to detention, these programs reflect principles of TOGB.

Workplace Settings

In certain organizations, employees may receive extra paid time off or flexible scheduling contingent upon consistent good conduct, punctuality, and teamwork. This fosters a culture of accountability and motivation.

Ethical and Legal Considerations

Implementing TOGB must balance effectiveness with ethical standards. Key considerations include:

- Informed Consent: Participants should be aware of how the system works and agree to its parameters.
- Fairness: Ensure that rewards are distributed equitably and transparently.
- Respect for Human Dignity: Avoid punitive or humiliating practices disguised as rewards.
- Legal Compliance: Systems must adhere to relevant laws regarding detention, juvenile justice, and employment rights.

Future Directions and Innovations

Emerging trends suggest integrating technology and data analytics to enhance TOGB systems:

- Digital Tracking: Use of apps or electronic systems to monitor behavior and automatically adjust rewards.
- Gamification: Incorporating game-like elements to increase engagement.
- Personalized Incentives: Developing tailored rewards based on individual preferences and motivations.
- Research-Backed Adjustments: Continual evaluation to optimize effectiveness and fairness.

Conclusion

Time off for good behavior represents a compelling intersection of behavioral psychology, ethical practice, and practical management. When thoughtfully designed and ethically implemented, it can serve as a powerful tool to promote positive conduct, support rehabilitation, and reduce institutional burdens. However, it requires careful attention to fairness, transparency, and the underlying motivations of participants. As with any behavioral incentive system, ongoing evaluation and adaptation are crucial to ensure that the approach remains effective, just, and aligned with broader rehabilitative goals.

In the evolving landscape of disciplinary strategies, TOGB stands as a testament to the potential of positive reinforcement, offering hope that constructive behavior can be cultivated through recognition and reward, rather than solely through punishment.

Question What is time off for good behavior in the correctional system? **Answer** Time off for good behavior is a reduction in an inmate's sentence granted for demonstrating positive conduct while incarcerated, encouraging rehabilitation and discipline. How is good behavior measured to qualify

for time off? Good behavior is typically assessed through factors such as adherence to rules, participation in programs, and overall conduct during incarceration, often documented in inmate records. Can inmates earn early release through good behavior alone? While good behavior can contribute to early release or sentence reductions, it is usually combined with other factors like program completion or parole board decisions. Are there limits to the amount of time off for good behavior an inmate can earn? Yes, many correctional systems set maximum limits on sentence reductions for good behavior, and these are often specified in legal guidelines or institutional policies. Does time off for good behavior apply to all types of sentences? Typically, time off for good behavior applies to certain sentences such as prison terms, but may not be applicable to all types like federal sentences or sentences for specific crimes. Can inmates lose their earned time off for good behavior? Yes, inmates can lose earned good behavior credits if they engage in misconduct or violate rules during their incarceration. How does earning time off for good behavior impact parole eligibility? Earning time off for good behavior can shorten an inmate's time served, potentially making them eligible for parole sooner, depending on the jurisdiction's rules. What is the process for inmates to receive time off for good behavior? Inmates are usually evaluated periodically, and if they meet the criteria, a review or application process is initiated, often requiring approval from prison officials or a parole board.

Related keywords: parole, probation, early release, good conduct, sentence reduction, inmate privileges, behavioral incentives, prison reform, rehabilitation, conditional release

essay of good manners for class 6th

Essay of Good Manners for Class 6th

Good manners are an essential part of a person's personality. They reflect our attitude, respect towards others, and how well we can adapt to social situations. For students in the 6th grade, understanding and practicing good manners is crucial as it helps in building strong relationships, gaining respect, and becoming responsible individuals. This essay on good manners for class 6th aims to highlight the importance of good manners, their various types, and how students can cultivate them in their daily lives.

Introduction to Good Manners

Good manners are courteous behaviors that show respect and consideration for others. They are the foundation of a civilized society and are necessary for maintaining harmony in relationships. For young students, practicing good manners is not only about following rules but also about developing a kind heart and respectful attitude.

Why Are Good Manners Important?

Understanding the importance of good manners helps students realize their significance in daily life. Some reasons why good manners are essential include:

1. Builds Respect

Good manners help in earning the respect of teachers, friends, and family members.

2. Promotes Good Relationships

Politeness and respectful behavior foster healthy and lasting relationships.

3. Creates a Positive Environment

Courteous behavior makes schools, homes, and communities happier and more peaceful.

4. Boosts Self-Confidence

Knowing how to behave properly makes students more confident in social settings.

5. Prepares for Future

Good manners are essential qualities for success in personal and professional life.

Types of Good Manners

Good manners encompass various behaviors and etiquettes. Here are some important types:

1. Manners at Home

- Say "please" and "thank you"
- Respect elders and listen to their advice
- Keep your surroundings clean
- Help family members with chores

2. Manners at School

- Greet teachers politely

- Raise your hand before speaking
- Listen attentively during lessons
- Keep your desk and classroom tidy

3. Manners in Public Places

- Use polite language like "excuse me" and "sorry"
- Stand in queue patiently
- Keep noise levels down
- Respect public property

4. Manners with Friends and Peers

- Share your things
- Be kind and helpful
- Apologize if you hurt someone
- Avoid teasing or fighting

How to Develop Good Manners

Developing good manners is a continuous process and requires conscious effort. Here are some simple ways students can cultivate good manners:

1. Lead by Example

Observe the good manners of elders and teachers and imitate them.

2. Practice Regularly

Make a habit of saying "please," "thank you," and "sorry."

3. Be Respectful

Show respect to everyone regardless of their age or social status.

4. Be Polite and Courteous

Use polite words and gestures in all interactions.

5. Listen Attentively

Pay full attention when someone is speaking to you.

6. Maintain Cleanliness

Keep yourself and your surroundings clean and tidy.

Role of Schools and Family in Teaching Good Manners

Both schools and families play a vital role in instilling good manners in children.

1. Family's Role

- Parents should demonstrate good manners in their daily life
- Teach children the importance of politeness and respect
- Correct bad habits gently and patiently

2. School's Role

- Teachers should encourage respectful behavior
- Organize activities that promote manners and etiquette
- Recognize and appreciate students who display good manners

Examples of Good Manners for Class 6th Students

Here are some practical examples of good manners that students should follow:

- Greeting teachers and elders with a smile and respectful words
- Saying "thank you" when someone helps you
- Apologizing sincerely if you make a mistake
- Holding the door open for others
- Not interrupting while someone is speaking
- Keeping your voice calm and gentle in public
- Waiting patiently for your turn
- Maintaining personal hygiene and cleanliness
- Helping others in need or those who are sick

Consequences of Poor Manners

Not practicing good manners can lead to various negative consequences such as:

- Loss of respect from teachers and friends
- Breakage of friendships
- Facing embarrassment in social settings
- Poor reputation in the community
- Difficulties in future social and professional life

Conclusion

In conclusion, good manners are the backbone of a well-behaved and respected person. For class 6th students, it is the right age to learn and practice proper etiquette. Developing good manners not only helps in personal growth but also creates a positive environment around us. Remember, manners cost nothing but are priceless in building a better society. So, always be polite, respectful, and helpful to others, and you will earn love and respect from everyone around you.

Summary

- Good manners are essential for personal and social development.
- They include respectful behavior at home, school, and in public.
- Developing manners requires practice, patience, and guidance.
- Schools and families play a key role in teaching manners.
- Practicing good manners can lead to a happier, respectful, and successful life.

Adopting good manners is a lifelong journey, and starting early, especially in the 6th class, sets a strong foundation for a disciplined, respectful, and confident individual.

Essay of Good Manners for Class 6th: A Guide to Building Respectful and Confident Young Individuals

In today's rapidly changing world, where technology and social norms evolve swiftly, the importance of good manners remains timeless. For students in the sixth grade, developing proper manners is not just about etiquette; it's about laying the foundation for respectful, confident, and socially responsible adults. An essay of good manners for class 6th serves as an essential tool in nurturing these qualities, guiding young learners to understand the significance of courteous behavior in everyday life. This article explores the importance of good manners, the key elements involved, and practical ways for students to cultivate them, ensuring they grow into well-mannered individuals.

The Significance of Good Manners in a Young Student's Life

Building Respect and Friendship

Good manners are the cornerstone of respectful interactions. When students exhibit courteous behavior—such as saying “please,” “thank you,” and “sorry”—they create an environment of mutual respect. This respect fosters genuine friendships and helps in resolving conflicts amicably. For sixth graders, who are at a crucial stage of social development, understanding the value of manners can significantly enhance their social skills.

Creating a Positive Image

Manners influence how others perceive us. A student with good manners leaves a positive impression on teachers, classmates, and elders. This favorable image can open doors to new opportunities, leadership roles, and academic success. It also boosts self-confidence, enabling students to participate actively in class discussions and extracurricular activities.

Promoting Discipline and Responsibility

Practicing good manners involves discipline—remembering to greet elders, waiting for one's turn, and maintaining cleanliness. These habits instill a sense of responsibility and discipline, which are vital qualities for personal growth and academic achievement.

Key Elements of Good Manners for Class 6th Students

Respect for Others

Respect is the foundation of good manners. It encompasses:

- Respect for Elders: Greeting elders politely, listening attentively, and valuing their advice.
- Respect for Peers: Sharing, helping, and speaking kindly to classmates.
- Respect for Teachers and Authority: Obeying instructions and showing appreciation for their efforts.

Politeness and Courtesy

Politeness involves using words like “please,” “thank you,” “excuse me,” and “sorry” appropriately. It also includes:

- Holding the door open for others.
- Offering seats to elders or those in need.
- Using respectful language during conversations.

Good Behavior in Public and at School

- Maintaining silence in libraries and during assemblies.
- Keeping the classroom clean and free of litter.
- Following rules and instructions diligently.

Personal Hygiene and Cleanliness

Good manners extend beyond words to personal habits such as:

- Bathing regularly.
- Keeping nails trimmed and hair tidy.
- Wearing clean clothes.

Sharing and Caring

Helping classmates in studies, sharing stationery or snacks, and caring for the environment reflect good manners and a caring attitude.

Practical Ways for Class 6th Students to Cultivate Good Manners

- Leading by Example

Students should observe and emulate good manners demonstrated by teachers, elders, and family members. Leading by example encourages peers to follow suit.

- Daily Practice and Reminders
- Making a habit of greeting everyone politely.
- Saying 'thank you' and 'sorry' whenever necessary.
- Practicing good table manners during meals.

- Participating in School Activities

Engaging in debates, drama, and cultural programs helps students practice speaking politely and confidently.

- Reading and Learning

Encouraging reading of stories and essays on manners enhances understanding and appreciation of polite behavior.

- Parental and Teacher Guidance

Parents and teachers should reinforce good manners by providing guidance, positive feedback, and gentle reminders.

Challenges in Maintaining Good Manners and How to Overcome Them

Peer Pressure

Sometimes, students may feel pressured to behave improperly to fit in. To overcome this, students should understand the importance of standing firm on their values and seek support from teachers and family.

Exposure to Negative Influences

In an age of social media and entertainment, negative influences can impact behavior. Educating students about appropriate online conduct and the importance of real-world respect can help them stay on the right path.

Lack of Awareness

Some students may not realize the significance of good manners. Schools should organize activities, workshops, and discussions that highlight the importance of courtesy and respect.

The Role of Schools and Parents in Promoting Good Manners

Schools

- Incorporate lessons and activities focused on manners and etiquette.
- Recognize and reward students who display exemplary behavior.
- Create a respectful environment where students feel valued.

Parents

- Model good manners at home.
- Encourage polite communication.
- Provide opportunities for children to practice manners in daily life.

Conclusion: Building a Foundation for a Respectful Future

An essay of good manners for class 6th is more than just an academic exercise; it's a vital lesson in human values and social responsibility. Good manners help students navigate their social environment confidently and gracefully, making their interactions pleasant and meaningful. As young minds grow, instilling the importance of kindness, respect, and politeness will shape them into responsible citizens. Schools and families must work together to nurture these qualities, ensuring that the next generation is not only academically bright but also morally upright and courteous. Developing good manners is a lifelong journey—one that begins in the sixth grade and continues into adulthood, fostering a more respectful and harmonious society.

Question What is the importance of good manners for class 6 students? Good manners help students to be respectful, polite, and well-behaved, which creates a positive environment at school and home. They also help in building good relationships and earning respect from others.

Can you give examples of good manners for class 6 students? Yes, examples include greeting teachers and elders politely, saying 'please' and 'thank you,' sharing with others, listening when someone is speaking, and maintaining cleanliness.

Why should students say 'please' and 'thank you'? Saying 'please' and 'thank you' shows respect and gratitude. It helps in creating a polite environment and makes interactions more respectful and friendly.

How do good manners help in school life? Good manners help students communicate effectively, respect teachers and classmates, follow rules, and create a positive and disciplined school environment.

What are some ways to develop good manners among classmates? Students can develop good manners by practicing polite speech, helping each other, listening attentively, and showing kindness and respect in their daily interactions.

Why is punctuality considered a good manner? Punctuality shows respect for others' time and helps in maintaining discipline. It also ensures that students do not miss important lessons or activities.

How can parents and teachers encourage good manners in students? Parents and teachers can set a good example, praise polite behavior, teach manners through stories and discussions, and reward good conduct to motivate students.

What is the role of good manners in developing a good personality? Good manners reflect a person's character, help in building confidence, and create a positive impression on others, thereby contributing to overall

personality development.

Related keywords: good manners, class 6 essay, manners and behavior, politeness, respect, classroom etiquette, kindness, discipline, social skills, respectful attitude

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